

How to measure the foot

This guide is a good starting point to finding your child's shoe size, however styling and construction of individual styles can affect the fit. Refer to shoe fitting guide for how to fit your child's shoes.



STEP 1

Position the guide

If you have **printed the guide** place the two separate sections side by side and place the top edge of the guide against the wall.



STEP 2

Position the feet

Stand your child on the guide with their heels pushed back against the wall. The inside of the feet should be together in the centre.



STEP 3

Finding the size

To find your child's shoe size look from above directly over the toes and measure to the end of the longest toe. (If the toe is between numbers, this indicates a half size.)



STEP 4

Finding the width

To find the width of your child's foot check against the corresponding shoe size to see which shaded area the widest part of the foot sits in. If the two sizes are different, use the biggest size when ordering your shoes.

How to fit the shoe

Please follow our simple step by step instructions to check the fit of your child's shoe. The shoes should always be fitted to the larger foot and tried with the type of socks that they are intended to be worn with.



STEP 1

Put on the shoes

Help your child to put on the shoes, making sure that the heel of the foot is pushed right back before fastening securely.



STEP 2

Check the length

Press down on the top of the shoe and feel for the position of the longest toe. There should be enough space to allow for growing room. We recommend approx 10-12mm for closed toe footwear but this may vary dependant on the toe shape.



STEP 3

Joint width

Feel along the sides of the shoes. There should be no pressure against the big or little toes. The widest part of the foot should be in the widest part of the shoe.



STEP 4

The depth

Rub thumb across the top of the shoes. The fabric or leather should move in a slight ripple effect but should not pleat or crease. There should be sufficient depth



STEP 5

Top line fit

The top of the shoe should be a close fit to the foot with no gaps around the heel or the sides. Check that the shoe is clear of the ankle bone unless this is soft and padded.



STEP 6

Heel grip

Ask your child to sit down, hold the heel of the shoe and pull gently to check that it grips the heel. There may be slight movement but you should feel some resistance. Repeat on the other foot.

STEP 7

Walking

Check that your child can walk easily and naturally in the shoes. They should not slip off the heel or gape excessively when walking.



Children's shoe SIZE GUIDE

PLACE HEEL TO THE EDGE OF THIS PAPER

5 cm

Follow these simple steps to find your Next shoe size

Print this page out at 100%.

Do not fit to page. To make sure your computer has printed this guide to the correct size, please check the accuracy against the ruler.

10 cm

Step 1

Place the top edge of the guide against a wall.

Step 2

Stand your child on the guide with heels pushed back against the wall. The inside of the feet should be level with the black line in the centre.

15 cm

Step 3

To find your child's shoe size measure to the end of the longest toe. (If the toe is between numbers, this indicates a half size.)

20 cm

Step 4

To find the width of your child's foot check against the corresponding shoe size to see which shaded area the widest part of the foot sits in.

If the two sizes are different, use the biggest size when ordering your shoes.

25 cm

make note of your size ...

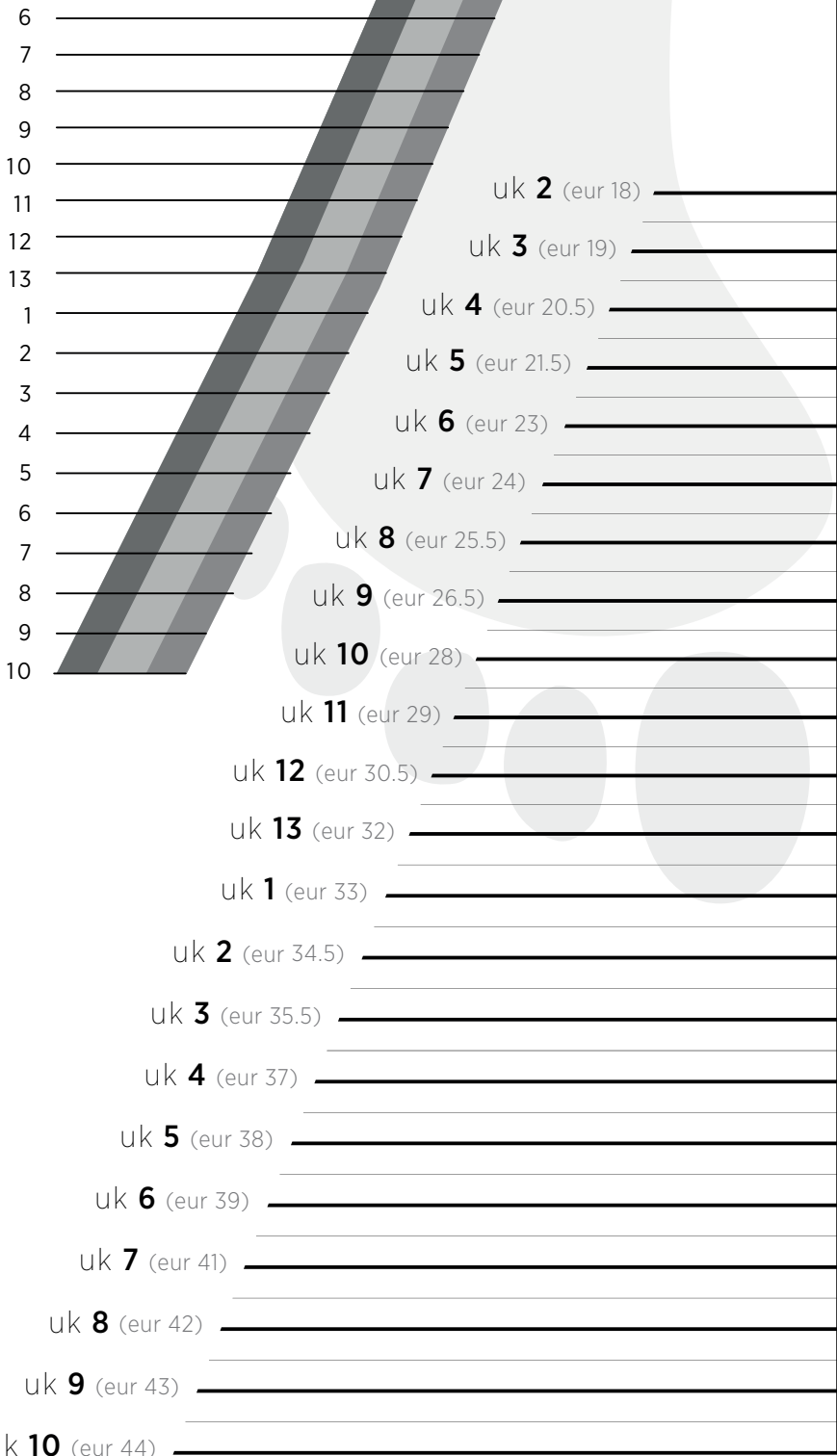
RIGHT FOOT:

size

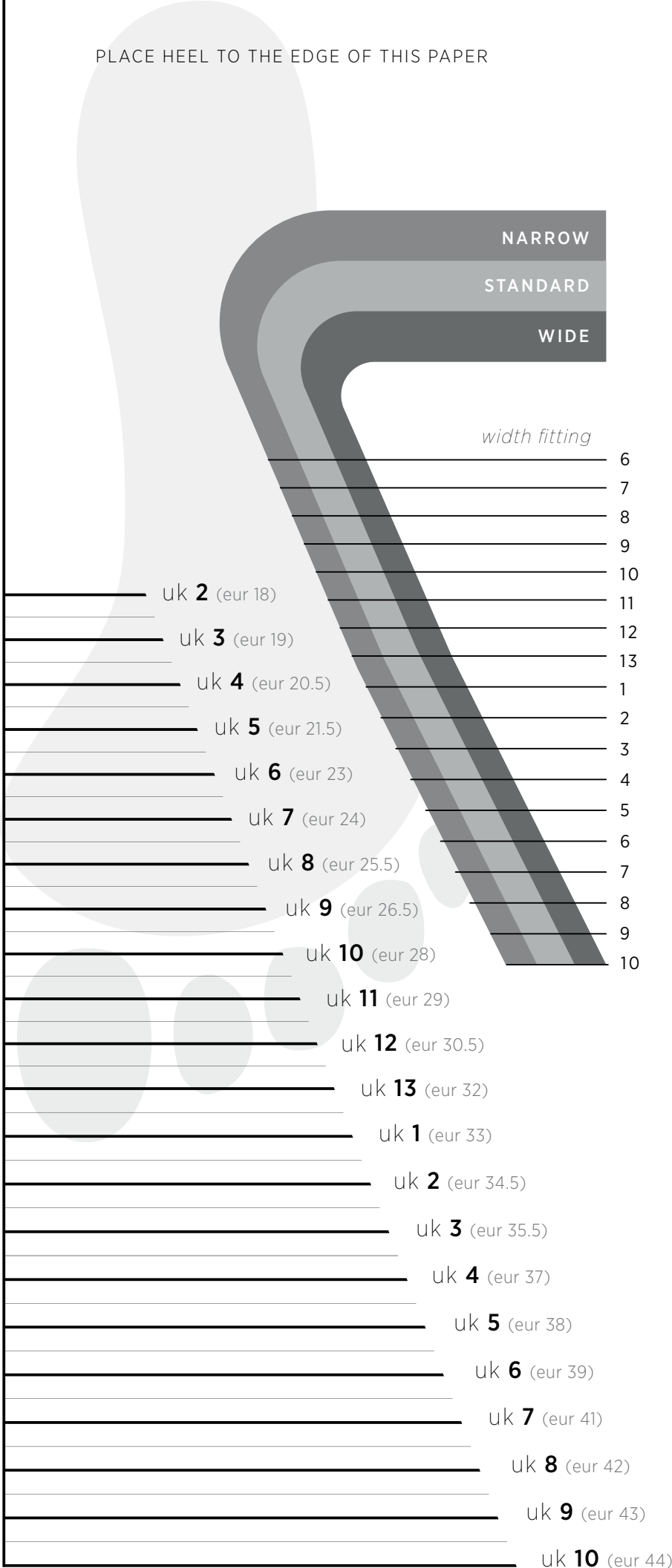
width



width fitting



PLACE HEEL TO THE EDGE OF THIS PAPER



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Step 4

To find the width of your child's foot check against the corresponding shoe size to see which shaded area the widest part of the foot sits in.

If the two sizes are different, use the biggest size when ordering your shoes.

make note of your size ...

LEFT FOOT:

size width

5 cm

10 cm

15 cm

20 cm

25 cm